

# DUKE OF EDINBURGH RESIDENTIAL KIT LIST



## You will need:

- Walking boots/shoes (broken in)
- Walking trousers/leggings
- Base layers /T-shirts
- Jumpers / Warm layers
- Jeans / Trousers
- Shorts
- Woolly hat (evenings get cooler) and/or sun cap
- Fleece/Jumper
- Waterproof coat
- Waterproof trousers
- Towel for showers
- Towel for beach / water activity
- Swimming shorts / costume
- Old trainers that can get wet
- Flip flops

- Water bottle (1 - 2 litres & labelled)
- Notebook & pencil
- Toothbrush & toothpaste
- Shower toiletries
- Sunglasses & suncream
- Small day rucksack

## ACCOMMODATION

Sleeping bag  
Pillow  
Warm pjamas  
Hot water bottle recommended

## TOP TIPS

There is at least one day in the woods - the woods and white DO NOT mix.

Leave white, nice new trainers at home and bring things you don't mind getting muddy!

## ACTIVITY ADVICE

For all water activities we provide:

Wetsuit

Buoyancy Aid

Helmet

Westsuit gloves & socks

For water activities you will need

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Swimming stuff

Towel

Shoes / trainers that can get wet

For land activities you will need -

Shoes that can get muddy

Waterproof coat

Active / weatherproof clothes

For evening activities -

Evenings are quite relaxed so just something casual that you're comfy in and for some sports games